FORM 4	4
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Check this box if no
longer subject to Section
16. Form 4 or Form 5
obligations may
continue. See
Instruction 1(b).

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
1. Name and Address of Re Allen George		2. Issuer Name <b>and</b> 7 owell Farms Inc.		-	Symbol			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director _X_10% Owner			
(Last) C/O LOWELL FARM CIRCLE, SUITE B	T DIDI	Date of Earliest Tran 8/30/2021	nsaction (Mo	onth/I	Day/Year)		Officer (give title below)Othe	r (specify below	/)		
(Street) SALINAS, CA 93907			If Amendment, Date	e Original Fi	led(M	onth/Day/Year)	)	6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person _X_ Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	Execution Date, if any	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Owned Following Reported Transaction(s)		Beneficial
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	X /	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Subordinate Voting Shares 08/30/2021		08/30/2021		Р		200,000	А	<u>(1)</u>	200,000	I	see footnote (2)
Subordinate Voting Shares									267,000	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in SEC 1474 (9-02) this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
Security (Instr. 3)	Conversion	Date (Month/Day/Year)	Execution Date, if	Code	)	5. Number Derivative Securities Acquired ( or Dispose (D) (Instr. 3, 4, and 5)	A) d of	6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Securities Beneficially Owned Following	Ownership Form of Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Warrants (rights to buy)		08/30/2021		Р		100,000		08/30/2021		Subordinate Voting Shares	100,000	(1)	100,000	Ι	See footnote (2)

# **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Allen George C/O LOWELL FARMS INC. 19 QUAIL RUN CIRCLE, SUITE B SALINAS, CA 93907	Х	Х					
Geronimo Capital LLC 19 QUAIL RUN CIRCLE, SUITE B SALINAS, CA 93907	Х	Х					

# Signatures

/s/ George Allen	09/01/2021
Signature of Reporting Person	Date
/s/ George Allen, as Sole Member of Geronimo Capital LLC	09/01/2021
Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported securities are included within 200,000 units purchased for \$1.00 per Unit. Each Unit consists of one Subordinate Voting Share and one half of one share purchase warrant.
- (2) Held by Geronimo Capital. Mr. Allen is the sole member of Geronimo Capital.

#### **Remarks:**

This Form 4 is filed on behalf of George Michael Harden Allen and Geronimo Capital LLC ("Geronimo Capital"). Mr. Allen is the sole member of Geronimo Capital.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.